

Invitation

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Shinwa Karate Kai Open Karate Championship

Venue: Thornbury Leisure Centre
Sevenside Complex
Alveston Road
Thornbury,
South Gloucestershire
BS35 3JB

Registration: 8.30 am
Briefing for referees and coaches: 9.10 am

Conducted by Chief Referee Robert Phillips

Prices

Individual Katas & Kumite:	£15.00 per category
Shobu Jukúren:	£9.50 per category
Tag Karate:	£10.50 per category
Team Kata, Team Kumite: & Team Rotation	£30.00 per category

Spectators Fee

ADULTS 16+	£ 7.00
CHILDREN (age 5-15)	£ 4.00
FAMILY: (2 Adults 3 children)	£ 16.00

How to Register

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To register your competitors please follow the process below:

Please scroll to the bottom left of the Homepage and click 'Competition Signup'. This will take you to the first page 'competition categories'. This enables you to view the categories and make your selection.

Please Note:

Competitors can only enter in their respective category (age and grade) and cannot enter a higher one; there is no exception to this rule.

Individuals

Once logged in select the relevant category for each competitor by clicking 'Enter'.

The next page/screen (cart) will show the categories selected; inclusive of Code and Price, at this point you may wish to click 'Add More Categories' or alternatively proceed to checkout.

Removal of an incorrect Entry can be achieved by clicking the 'red' X (remove this item) and update Cart.

Team

The process is exactly the same for team entries. Next, click 'Proceed to Checkout' and complete all (*) fields, bearing in mind that each team member must have their personal details filled out.

There is an option to pay either via PayPal or credit card. Shortly after completion of your payment you will receive an email confirming all recent entries and transaction(s).

Declaration

By ticking the box (checkout) you accept the terms and conditions as detailed below:

"The competitors are aware and exonerate SKK and their representatives and other competitors from all claims that the competitor or his coach or representative may have for any injury (however caused) sustained by the competitor and for the loss or damage to their belongings during the championship held at Thornbury Leisure Centre."

Competitors entering this championship will do so at their own risk.

Instructor and Coach information

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On arrival please report to the '**Sevenside Complex**' (not the main entrance) with your competitors. You will be greeted by staff that will provide you with your Instructor/Coach pack.

The contents of the 'pack' will provide details of competitors' names and their relevant categories.

Please be aware that a 'brief' will be given by the Chief Referee (Robert Phillips) to all Instructors and coaches prior to commencement of the championship.

We will be introducing a number style system as oppose to calling names; so included in the pack will be sets of adhesive numbers. These should be securely attached to the back of each individual's Gi. We recommend that the numbers remain attached until completion of all categories. It is imperative that all competitors are made aware of the system.

Clear and concise announcements will be made for each category.

Included are 2 coach passes. Coaches must be a minimum of 18yrs old.

Please be aware that only 2 coaches' are permitted in the practice and main competition area, with no exceptions.

It is the coaches' responsibility to ensure that all competitors have a current and valid licence and adequate insurance. Please be advised that our team will be conducting random checks on the day.

We urge that all competitors are listed in the correct categories as amendments cannot be made on the day. Failure to adhere to the rules may incur an automatic disqualification with no reimbursement.

Competitors will have access to a large practice area which we recommend they make good use of.

Dress-code

Coaches are expected to wear a track suit with their club or association emblem during the championship. The official SKK Identification pass provided must be also displayed at all times.

We respectfully request that all competitors are briefed and made aware of their conduct on the day, as they are ambassadors for your club/association.

Instructor and Coach information

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Please keep noise to a minimum to avoid disruption/annoyance to others.

We aim to keep to the scheduled categories, however, we reserve the right to change or cancel any categories without prior notice.

Medals and Trophies will be awarded at the end of each 'bout'.

Please make parents aware that there will be an official photographer present on the day and photos of their child/children are available for purchase. Some photographs will be displayed on our website and will be used for promoting our championship.

Only one coach per club, per 'Tatami' at any one time.

The chief referee's decision is final in all matters.

Competitor's Uniform

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Dress code for all Competitors

- Clean pressed Gi.
- In the interests of safety please ensure nails are cut short.
- No jewellery unless taped over.
- No metallic or plastic hair accessories are to be worn.

Kata Competitors

- The leg and sleeve of the Gi must not be turned over; however it can be turned under.
- It is acceptable for Kata Competitors to wear their current graded belt.

Dress code for Shobu Jukúren Competitors

- It is acceptable for Shobu Competitors to wear their current graded belt.

Dress code for Tag Karate Competitors

- SKK will provide the tags for all competitors.
- It is acceptable for Tag Karate Competitors to wear their current graded belt.

Dress code for Kumite Competitors

- All kumite competitors must wear a gum shield.
- WKF style hand mitts are permitted as are WKF shin and foot protectors or Blitz equivalent.
- It is compulsory for kumite females', cadets and above to wear chest protectors/guard.
- It is compulsory that cadet males and above wear groin protectors.
- Competitors will need to provide their own belts i.e. red and blue or red and white.
- WKF face and body armour, or blitz equivalent are all optional.

WUKF Ruling

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We will be using the WUKF ruling with some amendments.

SHOBU JUKÚREN

- The flag system will be used in this event
- Competitors have 30 seconds to score techniques on a freestanding kick punch bag. Referees will award the bout to the one who has scored the best techniques. Judges will be looking for the following: focus, balance, speed and accuracy.

TAG KARATE

- Each competitor has 2 tags tucked in their belt, one at the front and the other at the back. It is similar to kumite. The aim is to get hold of the opponents tag whilst protecting yours, using blocks whilst moving around within the designated area.
- Competitors have 30 seconds to tag their opponent 4 times. At the end of the bout the person with the most tags is declared the winner. If a tie it will be determined by the judge's decision with use of the flagged system.

KATA

- All Katas will be judged by the score card system.
- All competitors including Dan grades must perform a pinan/Heian kata in the first round.
- Up to 7th kyu may repeat the same kata in each round.
- 6th kyu - 4th kyu will need a minimum of 2 katas, alternating from A, B, A.
- 3rd kyu and above must perform a different kata in each round.

TEAM KATA

- Competitors are permitted to repeat the same Kata in each round. Team kata finalists will not be required to perform bunkai.

KUMITE

JUNIORS 5-15

- 1.5 minutes duration. Scores - 4 wazaris or 2 ippon. There must be no contact to head, face or neck.

MALE & FEMALE 16+

- 2 minutes duration. 6 wazaris or 3 ippon.

ROTATION

- Each team must have a coach
- There will be a running time of 6 minutes duration. Each competitor must fight for a minimum of 15 seconds, prior to the coach advising the arbitrator to announce 'change'. If any member of either team fails to fight then that team will be disqualified. So please ensure that all your members fight for a minimum of 15 seconds.